Eat Well Live Well

Dietitian That Accepts UMR

*Connect with a **dietitian that accepts UMR** insurance and receive expert virtual nutrition support tailored for gut health, hormones, and chronic conditions.*

Dietitian That Accepts UHC

Access a dietitian that accepts UHC insurance and get personalized virtual nutrition counseling for gut health, hormones, weight loss, and wellness goals.

Integrative and Functional Nutritionist

*Discover **integrative and functional nutritionist** support focused on root-cause healing, personalized nutrition plans, and long-term wellness solutions today.*

Dietitian That Takes Insurance

Explore a dietitian that takes insurance with expert nutrition support, personalized meal plans, and virtual care tailored to your health needs easily today.

Contact Us

Eat Well Live Well helps clients improve gut, hormone, weight, and autoimmune health with virtual nutrition coaching led by Registered Dietitian Danielle Smith.

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